

RE: Parental Objection to Mask Mandate; Notification that Parental Permission to Mask My Child(ren) is Denied

Dear _____

I am sending you this notice as a parent, on behalf of my child(ren) (_____).

I understand that you will be requiring facemasks for the return of in-person school instruction in September 2021. I regret that my family now finds itself in the uncomfortable situation of having to point out to the decision-makers in our school district that masking of children is wrong on legal, ethical, and common-sense grounds (please see attached documentation).

The right to bodily autonomy, the right to unrestricted breathing, the right to be recognized and the right to display and express one's face are basic human rights grounded in individual liberty.

Masks – especially surgical and cloth masks – are ineffective in preventing the transmission of air-borne respiratory viruses. The overall evidence is clear and available (see attached documentation). Standard cloth and surgical masks offer little to no protection against virus-sized particles or small aerosols. The size of a virus particle is much too small to be stopped from migrating through a surgical or cloth mask. A single virion of SARS-CoV-2 is about 60-140 nanometers (0.06 – 0.14 microns). The pore size in a surgical mask is 200-1000x that size. Consider that the CDC website states, “surgical masks do not catch all harmful particles in smoke.” And that the average size of smoke particles is approximately 0.5 microns (5 times the size of the SARS-CoV-2 virus). Wearing a mask to prevent transmission of SARS-CoV-2, or similarly sized influenza, is like throwing sand at a chain-link fence: it doesn't work.

In addition to being ineffective, masks have been shown to have negative consequences on the physical, developmental, and psychological health of all people, but most especially upon children. Studies of simple surgical masks found significant reductions in blood oxygen. Researchers have discovered that masking reduces the blood oxygen levels significantly, and the longer the duration of wearing the mask, the greater the drop in blood oxygen levels. Researchers have discovered that masking increases carbon dioxide levels. Not only is this problematic from a medical point of view, but it is also problematic from an academic point of view. Children require healthy levels of blood gases to fully function cognitively. Common sense and research indicate this. Furthermore, mandatory masks affect speech development in young children, affect emerging reading de-coding and fluency progression, and inhibit necessary social development (such as the recognition of facial cues). Mask mandates – and those who make them - are ignoring the essential needs of a developing child. It is not a stretch to make and prove the claim that masking children not at risk from the SARS-CoV-2 virus is an abusive act.

Children are not drivers of the transmission of SARS-CoV-2 (see attached documentation). Children are not at risk from SARS-CoV-2. They have a statistical risk of zero of dying from this virus. They have a much greater statistical risk of experiencing detrimental effects from masking. Any intervention, especially one that is prophylactic such as forced masking, must cause fewer harms to the recipient than the infection. When comparing the risk of the disease to the risk associated with masking, the evidence is clear: there is no justification to force my child to wear a mask.

This letter serves as official notice that my child(ren) (_____) will not be wearing mask(s) during the school day. Any attempt to demand my child(ren) cover their faces will be interpreted by me as assault. I expect that my decision will be respected by this school district.
Thank you.

Respectfully submitted,

Documentation Links

(Request an electronic version for direct access to the hyperlinks below)

DOCUMENTATION DEMONSTRATING INEFFECTIVENESS OF COMMUNITY MASKING

[Nonpharmaceutical Measures for Pandemic Influenza in Nonhealthcare Settings—Personal Protective and Environmental Measures - Volume 26, Number 5—May 2020 - Emerging Infectious Diseases journal - CDC](#)

[Effectiveness of Adding a Mask Recommendation to Other Public Health Measures to Prevent SARS-CoV-2 Infection in Danish Mask Wearers: A Randomized Controlled Trial: Annals of Internal Medicine: Vol 174, No 3 \(acpijournals.org\)](#)

[Use of face masks in the community by non-ill individuals \(europa.eu\)](#)

[Do physical measures such as hand-washing or wearing masks stop or slow down the spread of respiratory viruses? | Cochrane](#)

[COMMENTARY: Masks-for-all for COVID-19 not based on sound data | CIDRAP \(umn.edu\)](#)

[Universal Masking in Hospitals in the Covid-19 Era | NEJM](#)

[A cluster randomised trial of cloth masks compared with medical masks in healthcare workers | BMJ Open](#)

[Post-lockdown SARS-CoV-2 nucleic acid screening in nearly ten million residents of Wuhan, China | Nature Communications](#)
(demonstrates that asymptomatic spread is rare)

DOCUMENTATION DEMONSTRATING THAT MASKING IS DETRIMENTAL TO THE PHYSICAL HEALTH OF INDIVIDUALS

[Preliminary report on surgical mask induced deoxygenation during major surgery - ScienceDirect](#)

[Carbon dioxide re-breathing with close fitting face respirator masks - Fletcher - 2006 - Anaesthesia - Wiley Online Library](#)

[bmjopen-2014-006577 1..10 \(nih.gov\)](#) (A cluster randomised trial of cloth masks compared with medical masks in healthcare workers)

[Health department investigating after high number of strep throat cases reported at Shepherd schools \(abc12.com\)](#)

[Experimental Assessment of Carbon Dioxide Content in Inhaled Air With or Without Face Masks in Healthy Children: A Randomized Clinical Trial | Pediatrics | JAMA Pediatrics | JAMA Network](#)

[Medical Journal Warns About Masks' Potentially Devastating Consequences – AIER](#)

DOCUMENTATION DEMONSTRATING THAT MASKING IS DETRIMENTAL TO THE PSYCHOLOGICAL HEALTH OF INDIVIDUALS

[Communication, Confusion, and COVID-19: the challenges of wearing PPE on a geriatrics ward during the COVID-19 pandemic. Re: Patient perspective: Gordon Sturme and Matt Wiltshire, | The BMJ](#)

[The Social Influence of Wearing a Mask \(or Not\) | Psychology Today](#)

[How to Combat Mask Anxiety | Psychology Today](#)

[EurekAlert! Science News Releases](#) (Research suggests mask-wearing can increase struggles with social anxiety)

[Americans are wearing masks now, and their meaning is changing \(nationalgeographic.com\)](#)

[New Study Finds COVID Masks Harm Children's Physical & Mental Health | Principia Scientific Intl. \(principia-scientific.com\)](#)

[Speech Pathologist Discusses The Obstacles Mask-Wearing Presents Kids With Speech Disorders \(msn.com\)](#)

DOCUMENTATION DEMONSTRATING THAT MASKING IS DETRIMENTAL TO COMMUNICATION BETWEEN INDIVIDUALS

[Optimizing Effective Communication While Wearing a Mask During the COVID-19 Pandemic - PubMed \(nih.gov\)](#)

[Face masks in nursing: how to break down communication barriers \(rcni.com\)](#)

[Face masks can be devastating for people with hearing loss | The BMJ](#)

[Communication challenges when wearing face masks. \(carrishealth.com\)](#)

[10 Ways to Improve Patient Interactions While Wearing a Mask | MedPage Today](#)

DOCUMENTATION DEMONSTRATING THAT MASKING DIMINISHES HUMANITY

[Effect of facemasks on empathy and relational continuity: a randomised controlled trial in primary care \(nih.gov\)](#)

[Role of facial expressions in social interactions \(nih.gov\)](#)

[Stealing Our Faces: The Deeper Effects of the Mask Movement ~ The Imaginative Conservative](#)

[Masking Your Mood: How Face Coverings Hide Feelings | Psychology Today](#)

DOCUMENTATION DEMONSTRATING THE MASKING PROMOTES FEAR AND DIVISION

[As Virus Cases Rise, Another Contagion Spreads Among the Vaccinated: Anger - The New York Times \(nytimes.com\)](#)

[Wearing a mask is for smug liberals. Refusing to is for reckless Republicans. - POLITICO](#)

[CDC, Fauci Now Support Masking Policies That Scott Atlas Was Ousted For \(thefederalist.com\)](#)

[Forcing People To Wear Masks Isn't Kind, It's Selfish \(thefederalist.com\)](#)

[US coronavirus: Fauci implores state and local leaders to 'be as forceful as possible' with mask orders - CNN](#)

[The Strangely Unscientific Masking of America – AIER](#)

[The Year of Disguises – AIER](#)

DOCUMENTATION DEMONSTRATING THAT CHILDREN ARE NOT DRIVERS OF TRANSMISSION

[Incidence and Secondary Transmission of SARS-CoV-2 Infections in Schools - PubMed \(nih.gov\)](#)

[COVID-19 Transmission and Children: The Child Is Not to Blame | American Academy of Pediatrics \(aappublications.org\)](#)

[Covid-19: Asymptomatic cases may not be infectious, Wuhan study indicates | The BMJ](#)

[Study: Household COVID-19 infection rarely starts with children | American Academy of Pediatrics \(aappublications.org\)](#)

[Eurosurveillance | No evidence of secondary transmission of COVID-19 from children attending school in Ireland, 2020](#)

[The role of children in the transmission of SARS-CoV-2 | Dutch Journal of Medicine \(ntvg.nl\)](#)